

July Specials

In Motion Merch Sale

50% OFF

Stress Balls & Water Bottles *(while supplies last)*

July Birthday? Purchase a \$50 G.C. and Receive \$25 G.C.

Foam Roller SALE

15% OFF Foam Rollers *(while supplies last)*

- One of our favourite therapy tools
- Helps with sore muscles
- Makes a great gift!!!



In Motion

Health - Wellness - Fitness

Pain Management | Rehabilitation | Injury Prevention